

# HUFF!

Heads Up For Fire  
or *any* emergency



*Looking out. Linking in.*

## HUFF STUFF

### Newsletter

Issue 9

June-July 2016

Greetings everyone,

I hope you are all well and surviving the winds and general cold snaps. Luckily our snowfall didn't cause any great mayhem as it did last year but I shouldn't speak too soon. Now is the time to think about how you might get to meet those neighbours you may not have connected with yet, just in case we do have a major weather event over the next few weeks and months.

No news on the RSPCA front as yet. I have not been able to make contact with Matt French at all so far.

### **GREAT IDEA**

Simon from Cyber Shed has sent through a great idea for a cordless phone that can be used when there is a power outage.



The **AIDER** team has been busy in Blackheath and Mount Victoria again. I stopped and had a chat with them. They were happy that someone actually knew who they were! The team leader also knew about HUFF so good news all round.



*Two of the AIDER team from Mudgee who are spending the week in our area.*

### **TIME BANKING**

Last week I met with a volunteer from Springwood Area Neighbourhood Centre to hear about 'Time Banking'. This is a government initiative and is all about 'giving an hour and receiving an hour'. I think it's a great idea and may be something that you could pass on to your neighbours and friends. Please have a look at the site and see what you think.

<http://www.timebanking.com.au>

All you need to do is log in and give yourself a username and password. The site is fairly easy to navigate from there. I have already accrued 1 hour just by sitting down and learning about the program so I could now call on someone who is offering something I need.

## Time Banking cont.

**WHAT IS TIMEBANKING?**  
Timebanking is a community program that enables the voluntary exchange of services between members.  
It's as simple as give an hour, receive an hour: by giving one hour helping another member, you earn one hour of time credit which can be used to receive services that you need.  
Everyone has something to give, so join Timebanking today!

**Give an hour, receive an hour of:**  
handy work, dog walking, ironing, gardening, driving, visiting, computer tuition, painting, flat pack construction, cleaning, admin, working bees.

www.timebanking.com.au

**HAVE A QUESTION?**

Organisation: Springwood Neighbourhood Centre Co-op  
Contact: reception@sncc.org.au  
Phone: (02) 4751 3033

OR ASK AT BLACKHEATH AREA NEIGHBOURHOOD CENTRE, 4151 7770

Once you register you will receive a weekly challenge that will help you to prepare for the upcoming fire season. The 'Six Week Challenge' is something that would be good to share with your neighbours and friends. You could even have a competition!

Here is the link:

<http://www.katoombaleurarfs.org.au>



I'd like to give a big welcome to our newest HUFF Facilitator, Nina Lipscombe. Nina will be looking after the eastern end of Kanimbla Valley Rd in Mount Victoria. Nina and her family are new to the mountains and she said that becoming a facilitator would be a great way to meet the neighbours.

Thank you for volunteering Nina!

## ARE YOU UP FOR A CHALLENGE?



**86% of the 2015 participants said they would register again!**

Katoomba/Leura RFS Brigade launched a great project last year. It was very successful and they have been sharing it with other areas. This is their second year and I commend it to you all.

Warm regards,  
Mina

*A reminder that I am at BANC every Wednesday but can be contacted on 0419 629 407 any time.*